HIGH SCHOOL


## Uniform Size Guide 2023

## Boys OR Girls Blazer

## Steps:

Please try to measure in inches rather than CM as this is more accurate

1. Measure your child chest size. (How to do this is written below)
2. Find the closest value in the table on the right.
3. If you have measured in CM find the corresponding size in inches.
4. Circle this chest size (inches) in your separate order form provided.

## How to take a chest size measurement for Blazers:

- To take your child's chest measurement, measure around the fullest part of their chest.
- For younger children, place the tape measure a few inches below their armpit and measure their chest there.
- For older children, particularly girls, the fullest part of their chest might be a little lower.
- Your child will be able to tell you what feels comfortable to them.
- Be sure not to pull the tape measure too tight as this can lead to buying shirts or blouses which are too small and strain at the buttons.


## Boys or Girls Blazers

Chest Size (inches)
Chest Size (cm)
Age Guide
cm
9-10yrs

29"
30"
31"
32"
$33 "$
34"
35"
36"
38"
40"
42"
$44 "$
46"
48"
50"
52"
132 cm

## Boys Jumper OR Girls Cardigan

## Steps:

Please try and measure in inches rather than CM as this is more accurate

1. Measure your child chest size. (How to do this is written below)
2. Find the closest value in the table on the right.
3. If you have measured in CM, find the corresponding chest size in inches.
4. Circle this chest size (inches) in your separate order form provided.
5. Please circle the Jumper if you are measuring a boy or a cardigan if you are measuring a girl.

## How to take a chest size measurement for Jumper or Cardigan:

- To take your child's chest measurement, measure around the fullest part of their chest.
- For younger children, place the tape measure a few inches below their armpit and measure their chest there.
- For older children, particularly girls, the fullest part of their chest might be a little lower.
- Your child will be able to tell you what feels comfortable to them.
- Be sure not to pull the tape measure too tight as this can lead to buying shirts or blouses which are too small and strain at the buttons.


## Boys Jumper OR Girls Cardigan

| Chest size (Inches) | Chest Size (CM) |
| :---: | :---: |
| $30^{\prime \prime}$ | 76.2 cm |
| $32^{\prime \prime}$ | 81.2 cm |
| $34 \prime \prime$ | 86.4 cm |
| $36^{\prime \prime}$ | 91.4 cm |
| $38^{\prime \prime}$ | 96.5 cm |
| $40^{\prime \prime}$ | 101.6 cm |
| $42^{\prime \prime}$ | 106.1 cm |
| $44^{\prime \prime}$ | 111.8 cm |
| $46^{\prime \prime}$ | 116.8 cm |
| $48^{\prime \prime}$ | 122.0 cm |

## Steps:

Please try to measure in inches rather than CM as this is more accurate

1. Measure your child chest size. (How to do this is written below)
2. Find the closest value in the table on the below.
3. If you have measured in CM, find the corresponding chest size in inches.


## PE Shorts

## Steps:

Please try to measure in inches rather than CM as this is more accurate

1. Measure your child waist size. (How to do this is written below)
2. Find the closest value in the table on the below.
3. If you have measured in CM, find the corresponding waist size in inches
4. Circle this waist size (inches) in your separate order form provided.

How to take a waist size measurement for PE shorts

- To take your child's chest measurement, measure around the fullest part of their chest.
- For younger children, place the tape measure a few inches below their armpit and measure their chest there
- For older children, particularly girls, the fullest part of their chest might be a little lower
- Your child will be able to tell you what feels comfortable to them.
- Use the image above to help you

| PE Polo Shirt |  |
| :---: | :---: |
| Chest size (Inches) | Chest Size (CM) |
| $26-28$ (XXS) | $66-71$ |
| $30-32$ (XS) | $76-81$ |
| $32-34(\mathrm{~S})$ | $81-86$ |
| $34-36(\mathrm{M})$ | $86-91$ |
| $38-40(\mathrm{~L})$ | $97-102$ |
| $42-44(\mathrm{XL})$ | $107-112$ |
| $46-48(\mathrm{XXL})$ | $117-123$ |

- To take your child's waist measurement use the smallest part of their torso, usually a couple of centimetres above their hip bone.
- Your child will be able to tell you what feels comfortable to them.

Use the images above to help you.

| PE Shorts |  |
| :---: | :---: |
| Waist size (Inches) | Waist Size (CM) |
| $22-24(\mathrm{XXS})$ | $56-61$ |
| $26-28(\mathrm{XS})$ | $66-71$ |
| $30-32(\mathrm{~S})$ | $76-83$ |
| $34-36(\mathrm{M})$ | $84-91$ |
| $38-40(\mathrm{~L})$ | $97-102$ |
| $42-44(\mathrm{XL})$ | $107-112$ |
| $46-48(\mathrm{XXL})$ | $117-123$ |

## PE $1 / 4$ Zip Top

## Steps:

Please try to measure in inches rather than CM as this is more accurate

1. Measure your child chest size. (How to do this is written below)
2. Find the closest value in the table on the right
3. If you have measured in CM, find the corresponding chest size in inches.
4. Circle this chest size (inches) in your separate order form provided.

## How to take a chest size measurement for PE $1 / 4$ Zip Top

- To take your child's chest measurement, measure around the fullest part of their chest
- For younger children, place the tape measure a few inches below their armpit and measure their chest there
- For older children, particularly girls, the fullest part of their chest might be a little lower.
- Your child will be able to tell you what feels comfortable to them.


| Unisex $1 / 4$ Zip Top |  |
| :---: | :---: |
| Chest size (Inches) | Chest Size (CM) |
| $26-28$ | $66-71$ |
| $30-32$ | $76-81$ |
| $32-34$ | $81-86$ |
| $34-36$ | $86-91$ |
| $38-40$ | $97-102$ |
| $42-44$ | $107-112$ |
| $46-48$ | $117-123$ |

