Kirkby High School

RSE Policy

Adopted at the LGB meeting	08.07 2021
Signature of Chair	

To be reviewed in 5 years

KIRKBY HIGH SCHOOL
RELATIONSHIPS AND SEX (RSE) EDUCATION POLICY

Information

The Sex and Relationship Guidance by the Department for Education (DfE) **DfE0116/2000** requires all schools to have an up-to-date policy that is made available for inspection to parents. New guidance for the implementation of RSE in 2021, have resulted in this new policy document.

Statutory Guidance

Revised DfE statutory states that from September 2020 (then April 2021) all schools must deliver RSE. The parental right to withdraw their children from RSE remains (they may withdraw their child from all or part of RSE except that which is included in the national curriculum for science)

It is acknowledged that parents have the prime responsibility for bringing up children. It is recognised that parents are key figures in helping their children cope with emotional and physical aspects of growing up and in preparing them for the challenges and responsibilities which sexual maturity brings.

At Kirkby High School, the teaching offered aims to provide accurate information which should complement and support the role of parents. Kirkby High School's policy will ensure that any RSE will be presented in the context of family life, loving relationships and respect for others.

This policy is informed by various legislation, including:

Education Acts (1996)
Learning & Skills Act (2000)
Education and Inspections Act (2006)
Equality Act (2010)
Keeping Children Safe in education guidance (2016)
DfE RSE guidance (2020)

Members of Staff responsible
Mrs Kenny (Assistant Head)
Mr Greenbank (Teacher of English & PSHE Co-Ordinator)

Principles

During a consultation period with KHS students, staff and parents and carers, we gathered feedback on RSE via surveys (online and in lessons) which meant:

- **Students** suggested ways to improve delivery, which included 'it needs to be age appropriate'; 'more on teenage relationships'; 'make it memorable and relevant to real life' and 'focus on the future and the real world'.
- **Staff** developed their understanding of the policy, curriculum changes and offered ideas for the programme.
- **Parents and carers** learned about the new programmes of study via an online survey with external links and many said they would like more information on the school's RSE provision, which will be shared via the school website and the ParentApp.

RSE has an emphasis here on *relationships*. It is not just about growing up, nor contraception, but the Kirkby Child values which underpin everything we do. It focuses on building the self-confidence of our young people and promoting positive relationships between them.

RSE is at the heart of what we want for our young people. We want our students to:

- *Make the right choices, understanding their rights and responsibilities*
- *Develop awareness of difference and celebrate diversity*
- *Be happy and healthy*
- *Form and maintain positive relationships*
- *Show respect for self and others*

Aims

The aim of this policy is to clearly communicate the way RSE will be delivered within the school community.

RSE should provide students with knowledge and encourage the acquisition of skills and attitudes which will allow them to manage their lives in a responsible and healthy way.

Kirkby High School believes that all students should be offered the opportunity of receiving a well-structured programme of RSE within a moral framework.

The RSE programme will be planned and led by Mr Greenbank and delivered by teaching staff through:

- Timetabled KS3 personal development (PD) lessons and KS4 wellbeing lessons
- Via drop--down days involving various outside agencies and speakers
- In form time as part of PD sessions with form tutors

Staff involved in delivery from September 2021 will receive training on the new curriculum.

Curriculum

From September 2021, the RSE content will be delivered via PD / Wellbeing, and the new curriculum will consist of:

Year group	Curriculum Offer
7	One hour a week Personal Development
8	Values days across the year

9	Values days across the year
10	Wellbeing modules on three weekly cycles
11	Wellbeing modules on three weekly cycles

The curriculum overviews are updated annually; the examples below will be delivered in 2021-22 and have been adapted and refined following feedback from the consultation with staff, students and parents / carers.

Year 7 (Personal Development) 2021-22

Topic	**Wellbeing**	**Friendship & Bullying**	**Diversity & difference**	**Relationships**	**British Values, Rights & Responsibilities**	**LGBT Awareness, Gender Equality & Ageism**
Length of topic	7 sessions	7 sessions	6 sessions	7 sessions	5 sessions	6 sessions
Links to specification	*Core theme 1: H1-33* *Core Theme 2:* *R9-10, R13-17, R19, R21-23, R42-47*	*Core theme 1: H1-7, H30* *Core theme 2: R37-47*	*Core Theme 2:* *R1-3, R37-47* *Core Theme 3: L20-27*	*Core theme 2: R1-47*	*Core Theme 1: H30* *Core Theme 2: R3, R13-17, R37-47* *Core Theme 3: L20-27*	*Core Theme 1: H1-7* *Core Theme 2: R4, R13-23, R37-41* *Core Theme 3: L13, L26*
Assessment Task(s)	**Diary entry**	**Social Media ad campaign**	**Re-write a story with a different ending**	**Presentation on an element of relationships**	**Story map scenario**	**Writing a letter to my future self**
Key Knowledge	Getting to know each other Reflecting on change Extracts from 'Wonder' Precepts ASB	Types of friendship Types of bullying LYNX / Ditch The Label resources Remembrance Gangs / crime	Racism & Prejudice Black Lives Matter MLK day Safer Internet Day Tolerance Anti-Semitism (Torteau / Julian)	Positive relationships; Relationship values; Forming and maintaining respectful relationships; Consent; Contraception and Parenthood; Social influences	Staying Safe Radicalisation & Extremism Future choices Careers	Diversity / Pride understanding Awareness of gender identity Recognising ageism Staying Safe Handling Change / Transition
Key Skills	Friendship / Social Skills games Feelings about change	Friendship Understanding Wonder (Via / Jack Will)	Empathy S & L (Oracy)	Empathy S & L (Oracy)	Critical Thinking Narrative Skills	Feelings about Change Looking Back & Looking Forward Celebrating Achievement

Years 8 & 9, 2021-22

Values days are drop-down days for year groups 8 & 9, on various themes, including delivery and workshops by external speakers and agencies on myriad themes.

Year 10 (Wellbeing) 2021-22

Topic	**EHWB**	**PHWB**	**Relationships**	**Diversity**	**Careers & Future**	**Economic Wellbeing & Financial capability**
Length of topic	3 sessions		3 sessions	3 sessions	3 sessions	
Links to specification	*Core theme 1: H1-14, 17-24* *Core Theme 2: R35-38* *Core Theme 3: L22-29*		*Core Theme 1* *H23-33* *Core Theme 2* *R1-32*	*Core Theme 2* *R33-34* *Core Theme 3* *L22-29*	*Core Theme 1: H25* *Core theme 3: L1-21*	
Assessment Task(s)	Social Media ad campaign		Scenario Plan	Presentation on a theme	Application / Work Experience	
Key Knowledge	Worry / Anxiety / Sleep / Depression / Eating Disorders / Body Image Anti-Social Behaviour Smoking / Drinking / Drugs Online Safety / Blackmail		Relationships we have FaceUp (1 lesson) SRE / Contraception Denial (1 lesson)	Speeches Diversity / Pride understanding Awareness of gender identity Black Lives Matter	Careers options Preparation for Working Life documents Work Experience Prep / Revision Skills / Recall Wages & Tax / Budgeting / Financial risks Gambling Awareness / Debt & exploitation	
Key Skills	Self-Control Reflection Awareness of different issues people have	Staying Safe Identifying Risk Healthy Choices	Empathy Science Relationship assessment	Empathy S & L (Oracy)	Awareness of careers Health & Safety Self-Confidence Organisational ICT	Feelings about Change Looking Back & Looking Forward Financial Management

Year 11 (Wellbeing) 2021-22

Topic	**EHWB / PHWB**	**Relationships**	**Mindfulness**
Length of topic	3 sessions	3 sessions	3 sessions
Links to specification	Core theme 1: H1-14, 17-18	Core Theme 1: H19-33 Core Theme 2: R1-32, R35-38	Core Theme 2: R33-34 Core Theme 3: L22-29
Assessment Task(s)	Diary entry	Scenario / storyline	Presentation on a theme
Key Knowledge	Worry Anxiety Depression Eating Disorders Body Image Anti-Social Behaviour / Choices Online Safety / Blackmail	Relationships we have FaceUp SRE / Contraception or Denial	Breathing and Sleep Emotional Health & Wellbeing (recall) Revision Planning and study Skills

Key Skills	Self Management Reflection Awareness of different issues people have	Staying Safe Identifying Risk Healthy Choices Empathy	Empathy S & L (Oracy)

The form time Reflective Friday sessions are planned half termly, in conjunction with a team of staff from across the school. They are underpinned by the Kirkby Child values, reflecting weekly themes and messages, with a real focus in the summer term 2021 on different types of relationships. Students reflect on their own values and attitudes though a variety of activities and discussions, always age appropriate, and often delivered by their form tutor to ensure and safe and secure learning environment.

Other faculties (eg science, computing, RE) plan and deliver schemes of work based on their own programmes of study, delivering elements of RSE across the year:

- Science: Human reproduction, three weeks in summer term for year 8
- Computing: E-safety, seven weeks in autumn term for year 7
- RE: relationships, eight weeks in autumn term for year 8; relationships, eight weeks in autumn term for year 11

Other Information

a) Confidentiality and Advice

Students will be made aware that some information cannot be held confidential, and made to understand that if certain disclosures are made, certain actions will ensue. At the same time, students will be offered sensitive and appropriate support. The following procedures will be adhered to by all adults:

i) Disclosure or suspicion of possible abuse - the school's child protection procedures will be invoked (see relevant policy) and concerns related to safeguarding officers.

ii) Disclosure of pregnancy or advice on contraception - it is hoped that the following procedure will ensure that students who are in difficulty know that they can talk to an adult in the school and that they will be supported eg mentors, school safeguarding leads.

Following the Fraser guidelines, professional information and guidance will always be sought from a health professional. The school will always encourage students to talk with their parents first:

- students should be asked whether they can tell their parents and whether they want help in doing so. If this takes place subsequent responsibility then lies with the parents unless there are clear child protection implications.
- if the student refuses to tell their parents the adult should refer them to a health professional.
- the adult should report the incident to the Safeguarding Lead, who will consult with the health professional about informing the parents.

b) Enquiries Regarding Sex Education

Any parents wanting information about the school's RSE programme should visit the school website.

c) Complaints Procedure

Any complaints about the RSE curriculum should be made in accordance with the Complaints Procedure.

d) Family Life

The value of family life is an important aspect, which will be approached largely through a consultation of the qualities and relationships between the group of people, with an emphasis on stability, respect, caring and support.

e) Other Issues

As part of the RSE programme, issues of contraception, HIV and AIDS, sexuality, gender identity and abortion are addressed. Safeguarding issues are addressed including types and signs of abuse and where to go for support. Facts are presented in an objective and balanced way, with students being encouraged to consider their attitudes and values. They will be made aware of the difference between fact, opinion and religious belief.

Monitoring and Review

a) RSE will be monitored by heads of year, SLT and PSHE co-ordinator.

b) The full policy will be made available to all parents via the school website when their child enters the school. Their consent for children to attend RSE lessons comes from a parent information form, distributed at the start of every academic year.

c) Policy will be monitored annually and updated every five years, or when necessary.

Dissemination of the policy

The full policy, and curriculum overviews are available on the school website.

This policy will be reviewed in 2026 following further consultation with students, parents/carers, and staff at Kirkby High School.